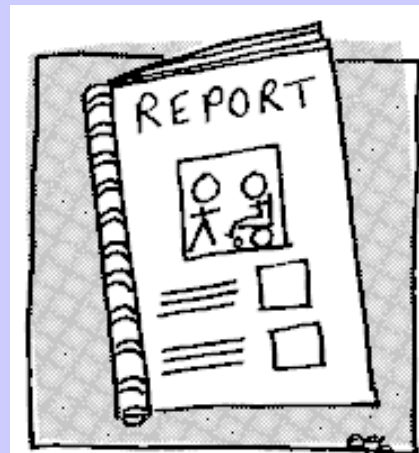


Coventry Learning Disabilities
Partnership Board



Our Strategy

2007 - 2010
and beyond

Draft 6



This is our updated strategy (plan) for improving the lives of people with learning disabilities and providing better support for family carers.

This strategy has been developed through the Coventry Learning Disabilities Partnership Board. We have done this by working together with people with learning disabilities, family carers and all agencies in Coventry.

We have listened to what people have had to say. By continuing to work together, we will continue to make the Governments White Paper 'Valuing People' happen in Coventry.

We are very excited about this updated strategy, and believe that people with learning disabilities and their family carers are seeing changes happen and will continue to see improvements being made. We hope that you will share our vision and help us to make a real difference.



Lynda Bull

Lynda Bull



Inderjit Singh

Inderjit Singh

Partnership Board Co-chairs



Learning Disabilities Partnership Board

Membership



- 4 representatives of people with learning disabilities
- 2 representatives of family carer groups
- 2 representatives from the Voluntary Sector
- 2 representatives from the Local Authority
- 2 representatives from the Teaching Primary Care Trust
- 2 City Councillor representatives
- Valuing People Co-ordinator

What the board has to do



influence plans for people with learning disabilities in Coventry



checking we have the right services and support available and that they are working properly



making sure that we have plans for change and that change can happen

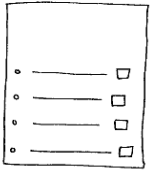


passing information to everyone about the development of services



making sure that everyone knows what is happening and what they have to do





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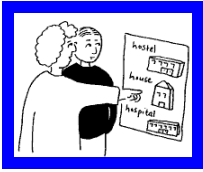
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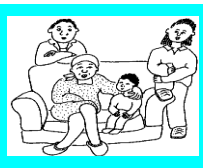
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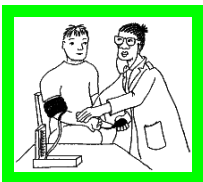
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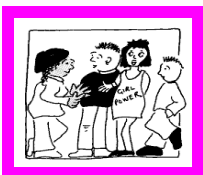
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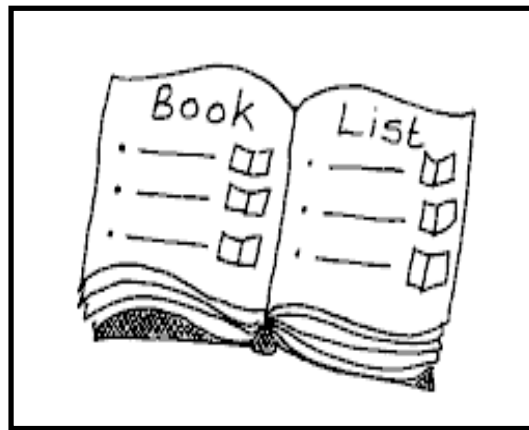


Action Plans and targets

30

With thanks to Change Picture Bank[©] for use of drawings in this document





Helping you to understand the words we use

Words have been underlined when they have been used for the first time

actions	things we have to do
advocacy	getting your voice heard and being able to say your views and concerns
approaches	is the way of doing something and often makes sure that people all work in the same way
assessment	finding out what someone's needs are
assistive technology	special equipment that can be set up to support someone to stay safe
carer/carers	a person who provides support and looks after someone - in this document we mean family carers, and this can at times include people with learning disabilities who care for other family members
Children's Champion	the person whose job it is to make sure everyone knows about what is important to children
Commissioning	buying services
Consolidating	bringing things together to make stronger
cost effective	If something works well but is also not too expensive
direct payment	having money to buy your own services



diversity	we are all different people and everyone has their own different needs and things they believe in or are important to them
eligibility criteria	when people ask social services for support they use a guide called an 'Eligibility Criteria' which looks at the sort of situations in which people could qualify for a full assessment and services.
enabling/enabled	to make possible or to support to make something happen
framework	a plan
fuller life	a life with more choices and opportunities
high support needs	people who have a lot of health and care needs
implement	to put into action or to carry out a plan
independence	having choice and control over your own life
inequalities	people who should receive the same service, but don't
involvement	being part of something – like a meeting or having your say
Learning Disability Awards Framework	this is training that all staff who work with people with learning disabilities should do, especially new staff
minority ethnic groups	people whose families were originally from different countries
monitor	to find out if things have been done
objectives	the things we need or want to do
outcome	a goal or something someone is working towards and which following some activity can be measured how far progress has taken place
participation	to share or take part in – an example is to take part in meetings
Partnership Board	The Governments White Paper 'Valuing People' asked every Local Authority to set up a Partnership Board (which is a meeting of lots of different people) in their area to improve the lives of people with learning disabilities and to provide better support to family carers.
partnership working	everybody working together



person centred	making sure that everything we do has the person involved and at the centre of everything that happens with them
presence	being part of something
protocols	a plan for working together
provision	services that are provided
quality	making sure that we have good services that meet people's needs
registered social landlords	Social landlords are people who run businesses, not to make a profit, to provide homes for people to live in.
review/reviewed	looking back at the past and planning to make changes if they are needed
services	things or help that is provided which are needed to carry on our lives. Examples are a bus service which helps people to go from one place to another or a doctor who provides a service if you are not well
social enterprise	a business run by the people that work for it, sometimes for pay, but which is not about making money or profit.
specialist	somebody or a service which has a lot of experience in an area of work
strategy	a plan – often this is a main plan covering lots of different areas
supported accommodation	Having the right support to be able to live in your own home - either alone or with friends
supported employment	having the right support to be able to have a job – this could be a paid or unpaid job
transition	this is what we call a time of change – an example is moving from being a child and being at school to becoming an adult and going to work or college
'Valuing People' White Paper	A document written by the Government with the involvement of people with learning disabilities and family carers. The Paper is about how we can work together to ensure people have a better quality of life and have opportunities to be part of their communities.





Vision

All people with learning disabilities having more independence and more opportunities to live a fuller life

All activities supported by this strategy should have a person-centred approach and contribute to the modernising agenda of 'Valuing People'

We aim to establish a real working partnership with people with learning disabilities, carers and all staff and agencies in the city through the work of the Partnership Board so that:

- **People with learning disabilities** are
 - ✓ encouraged to make real choices and decisions about where and how they live their lives
 - ✓ enabled to lead full and purposeful lives in their communities and to develop a range of friendships, activities, relationships and employment
- **Carers** are recognised and supported in their role and
 - ✓ receive support for as long as they and the service user wish
 - ✓ enabled to take part in person-centred planning
- **Services**
 - support people to get the kind of life they want for themselves and are
 - ✓ good quality, cost effective and support people
 - ✓ regularly evaluated and continually improved
 - ✓ delivered locally as a matter of course





Values

- ✓ people with learning disabilities are citizens too with the same rights as all other citizens
- ✓ dignity and respect
- ✓ visible presence and participation in the community
- ✓ choice
- ✓ opportunities to develop and maintain independence
- ✓ feel safe



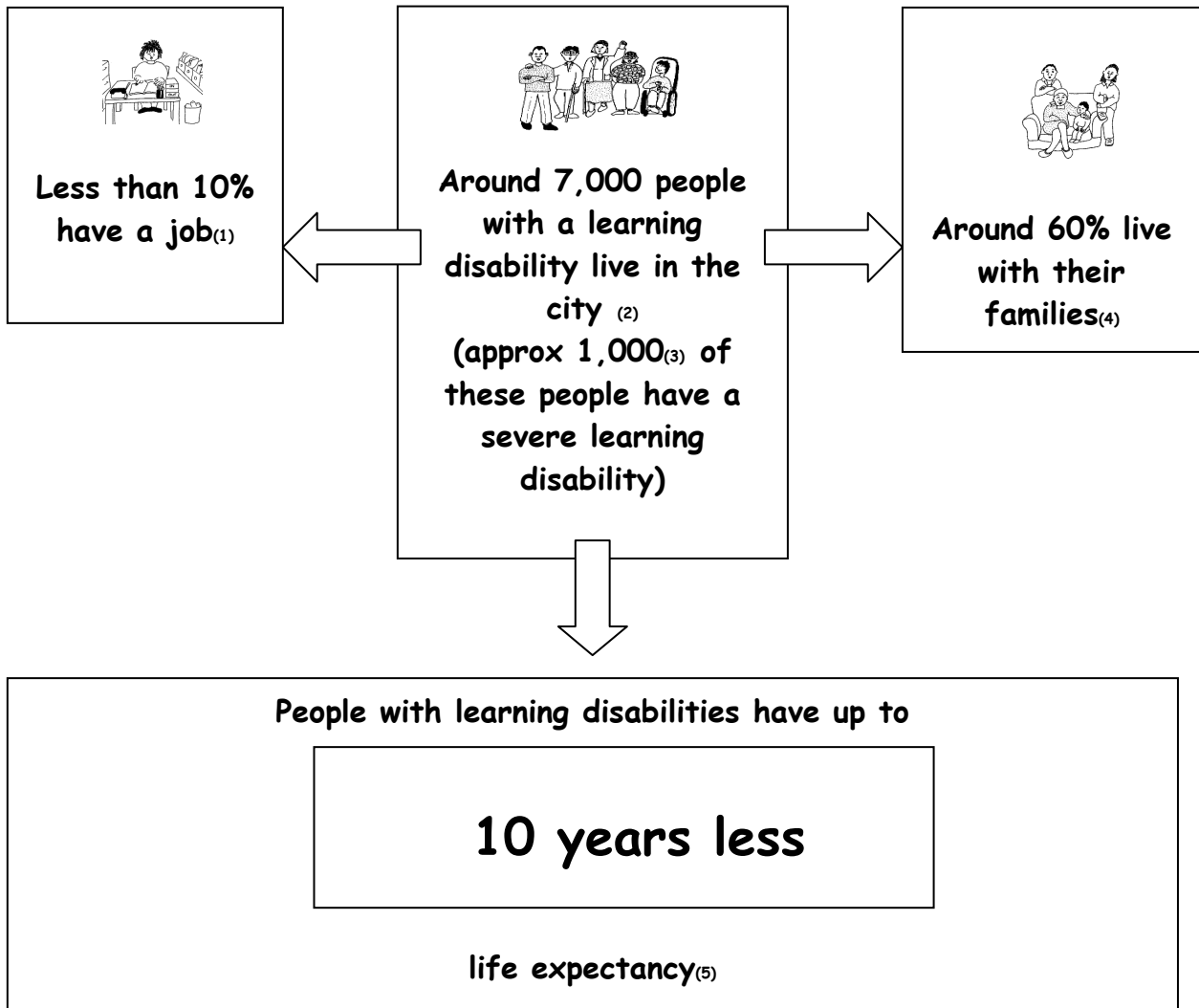
Current Strengths

- Nationally recognised Partnership Board
- Excellent user and carer involvement within services and through Partnership Board structures
- Accessible Partnership Board web site with over 42,000 hits between June 2006 and April 2007
- Joint commissioning plan for development of new services is in place and some new services delivered in 2006 and 2007.
- Good partnership working between statutory and voluntary agencies in the city
- Lots of committed people working with people with learning disabilities in the city





What we know



- Sources of information: (1) Valuing People March 2001 p7
(2) Coventry Joint Investment Plan April 2001
(3) Changing Services for People with Learning Disabilities: Farmer, Rhode and Sacks 1993
(4) Valuing People March 2001 p 53
(5) Health Improvement Programme for Coventry 2000/2003: Coventry Health Authority (2000)





Coventry Community Services and Coventry Teaching Primary Care Trust have a budget of over £29 million for specialist services to support people with learning disabilities

About 780 adults are assessed as needing one or more social care services

	Participating in supported day activities	293
	Receiving help or personal care to live in <u>supported accommodation</u>	232
	The number of people living with and supported by, their family	284
	People living in: <ul style="list-style-type: none"> • residential care 117 • nursing with care 20 • adult placement 51 	188
	Out of the above numbers some people live out of the city: <ul style="list-style-type: none"> • Residential placements 82 • Nursing placements 20 • Supported living 8 • PCT funded placements for 10 people with high health needs 	110
	Receiving a <u>direct payment</u> to purchase their own care and support	47

Many other people receive support from other services, for example, voluntary agencies, health services and education

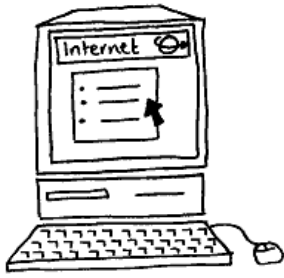




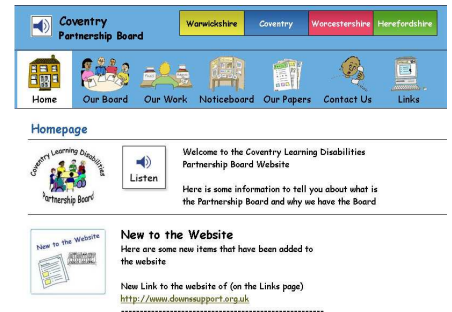
Areas for development

- Strengthen the way that health and social care services work together
- Everyone receiving services will have an outcome focused review and support plan
- Supporting communities, organisations, services and community facilities to be welcoming and accessible and to deliver the agenda of Valuing People
- Continued modernisation of supported day opportunities
- Development of more employment opportunities for people to have proper jobs and earn a proper wage
- Development of models of social enterprises to provide more opportunities for people to try new activities and gain skills
- Review support to carers to enable them to continue to care
- Continue to enable more people to return from out of city placements
- Begin to use new assistive technology to enable people to be more independent
- Improving partnership working across the City Council and with other agencies to increase housing, leisure, education, and employment opportunities
- Closer partnership working with new providers to develop local services
- Continue to improve the quality of services provided in Coventry through focused reviews





www.ldpb.info



You can find out more information about our Board and the work that is happening in Coventry by going onto our web site:

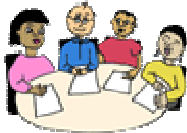
www.ldpb.info

Here you will find information on:



Home Page

Welcome to the our website



Our Board

Who's Who - Partnership Board Members



Our Work

What we do and Information about the 11 Sub Groups



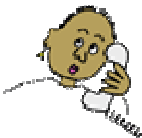
Our Papers

Minutes, Agendas, Action Plans and Other Papers



Noticeboard

Dates of Meetings, Conferences and Events taking place



Contact Us

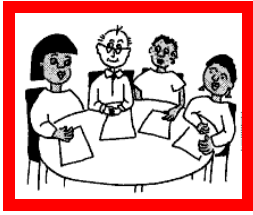
Information on how to contact the Partnership Board



Links

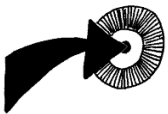
Links to other organisations websites





Key theme 1

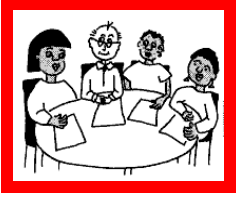
Partnership Working



Objectives

- To work together, through the Partnership Board, so that people with learning disabilities have more independence and more opportunities to live a fuller life





Key theme 1

Partnership Working



Outcomes

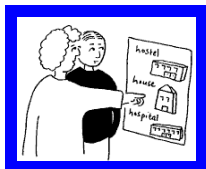
- By 2010 and by working together people will be living more independently and having more opportunities

We will know we have made a difference if:

- ✓ We are making best use of money that we have
- ✓ People are telling their story once and are not repeating themselves
- ✓ People are living more independently and are included in every aspect of life as a citizen of Coventry



Key theme 2



More choice and control for people with learning disabilities

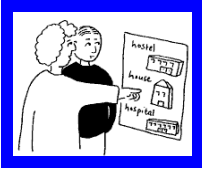


Objectives

- That people with learning disabilities are central to decisions that affect them
- To enable people to live a safe and fuller life, and to make sure that people who need help can get this help in their own home wherever possible
- To make sure that we find out what community care services people need, that they get the services they need and that these are regularly reviewed
- To give people more choice through individual budgets and direct payments so they can live more independently
- To develop local approaches to advocacy and inclusion for all people with a learning disability
- To develop and promote person-centred planning and person-centred approaches to help people define their aspirations and get the life they want for themselves
- Care services to focus on providing services for those who meet their eligibility criteria
- Enable people who wish to stay in the city to have the support and services they need rather than having to move away



Key theme 2



More choice and control for people with learning disabilities



Outcomes

- By 2010 people will have more opportunities to try new experiences to make choices

We will know we have made a difference if:

- ✓ More people are having choices and control through self directed support such as individual budgets and direct payments

Target

- More people will be having direct payment or individual budget each year

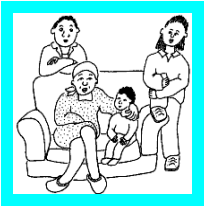
year	DP/IB
2006/7	45
2007/8	55
2008/9	65
2009/10	75

- ✓ The choices people have made have been put into place (within what is affordable)
- ✓ There is better accessible information available

Target

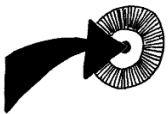
- There is accessible information on the services available
- The accessible Partnership Board web site is kept up to date





Key theme 3

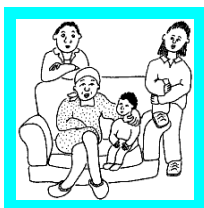
Supporting Carers



Objectives

- Care services to ensure that community care and other services are provided in a way that considers carers needs, including opportunities for employment
- To better involve carers in planning how best to meet present and future needs
- To enable carers to be involved in developing and planning services through involvement in the Partnership Board and its sub-groups
- To enable carers to have breaks from their caring role
- To ensure that carers and their support networks are acknowledged and valued
- To enable carers to care, or to continue to care for as long as they and the service user wish
- Families learning to lead on person-centred planning with their own family members





Key theme 3

Supporting Carers



Outcomes

- By 2010 family carers will feel more supported and able to continue to care and have more control of their lives.

We will know we have made a difference if:

- ✓ Carers know what support they are entitled to and are given the opportunities to meet their needs in the best way for them

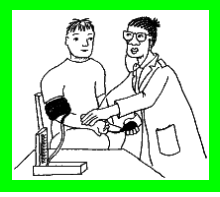
Target

- More carers are offered a carers assessment and are supported through a flexible carers short break

We will record:	2007/08	2008/09	2009/10
Carer assessment completed:	80	80	80
Carers supported by short breaks:	80	80	80

- ✓ Increase number carers identified and supported, in particular older carers





Key theme 4

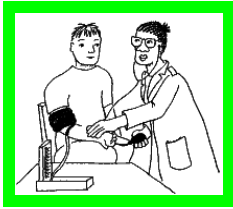
Improving Health



Objectives

- To reduce health inequalities
- Supporting people with learning disabilities to use ordinary health services and:
 - ✓ Helping people to have regular Health Checks
 - ✓ Planning with people how to improve their health
 - ✓ Giving information and advice about how people can stay healthy
- Working with core health services (doctors and hospitals) to make sure people with learning disabilities have better health and better healthcare.
- Making more health staff in local surgeries and hospitals aware of 'Valuing People' and responsive to the health needs of people with learning disabilities and their carers
- That all agencies work together to make sure that people do not go into or stay in hospital or care when they do not need to
- To meet the health care needs of people with learning disabilities in Coventry with core health resources wherever possible





Key theme 4

Improving Health



Outcomes

- By 2010 people with learning disabilities are healthier

We will know we have made a difference if:

- ✓ People are receiving information about how to keep healthy, and get the support they need to access health services
- ✓ Everyone is offered a health check, and those who want one get one

Target

- More people with learning disabilities are offered a health check each year

Each year we will record:	Target:	2008/09	2009/10
	2007/08		
Number of plans offered	400		

- ✓ People have better access to mainstream primary care health services

Target

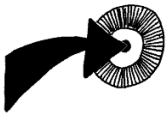
Number of people supported to access mainstream:	2007/08	2008/09	2009/10
Breast screening			
Cervical screening			





Key theme 5

Disabled Children and Young People



Objectives

- To develop partnership working between the Children and Young Persons Strategic Partnership and Learning Disabilities Partnership Board to ensure that priorities are agreed
- To make sure young people who have a learning disability have good support and information to enable them to make choices as they grow up and become adults. This is called transition
- Improve the links between children and adults services so that services are more joined together
- Planning services jointly between children's and adults services so that there are better outcomes for people





Key theme 5

Disabled Children and Young People



Outcomes

- By 2010 all young people moving from children to adult services will be having a person centred plan at a time that is right for them. This is having a plan for when they are grown up

We will know we have made a difference if:

- ✓ Everyone has had a plan and that their plan began when they were 14 years old

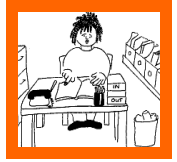
Target

- Check that young people who are 18 have got a plan
- ✓ More young people have self-directed care and have a direct payment or an individual budget

Target

- All young people are offered a direct payment or individual budget





Key theme 6

Housing, Fulfilling Lives and Employment



Objectives

- To enable people with learning disabilities to have greater choice and control over where, with whom and how they live
- To support people with learning disabilities to overcome the barriers to having ordinary housing
- To ensure that people with learning disabilities do not have to live in hospital or care homes, where this is not appropriate to meet their needs
- To enable people with learning disabilities to lead full and purposeful lives in their communities and to develop a range of friendships, activities and relationships
- To enable more people with learning disabilities to take part in all forms of employment, wherever possible in paid work





Key theme 6

Housing, Fulfilling Lives and Employment



Outcomes

- By 2010 people will be living in their chosen accommodation and living a more fulfilling life. People will be living where they want and doing what they want to do

We will know we have made a difference if:

- ✓ More people are living in supported (or their own) accommodation

Target

- Each year more people will be living in supported living accommodation
- ✓ More people are taking part in activities that they want to do in the community
- ✓ More people are in employment or paid work

Target

- Increasing number of people each year in paid employment

year	Total Number
2006/7	15
2007/8	30
2008/9	45
2009/10	60





Key theme 7

Quality Services



Objectives

- To improve the quality of services
- To make plans for the future using the best information available
- To understand what works well nationally and locally and use this information to inform us about the development of services
- To develop person-centred services that uphold and promote the modernising agenda of Valuing People
- To develop more choice and services for people from minority ethnic communities
- To work together to protect people from all forms of abuse
- To ensure that services and the people that work in them reflect the diversity of Coventry's population
- To keep training, developing and monitoring the skills of people working with people with learning disabilities so services get better





Key theme 7

Quality Services



Outcomes

- By 2010 all services will have set standards and be able to show that they are delivering better outcomes for people

We will know we have made a difference if:

- ✓ We have set up a Quality Network involving people with learning disabilities and family carers to check out that the standards are being met
- ✓ Everyone is working better together and we have more integrated learning disabilities services between health and social care
- ✓ All staff working in learning disabilities services are receiving the training they need to do their jobs



Action Plans and Targets

Our first strategy for 2004 - 2007 had an action plan with first and next steps to meet the objectives of each theme.

Part of the Partnership Board's role was to check the progress of the actions in this first strategy. We listened to people with learning disabilities and their carers and involved the local authority, the Teaching Primary Care Trust and voluntary sector organisations in the City.

We completed a first review of progress in January 2005 and followed this by reviewing in May 2005 and again in May 2006. Copies of these reports are available.

In reviewing our learning disabilities strategy and writing a strategy for 2007 - 2010 we have looked at each theme and have written a key outcome of what we would like to have achieved by 2010. We have set targets so that we will know if people can see a difference in their lives.

How will we know we have made a difference?

We will:

- do a report every six months for the targets we can easily measure (March and September)
- hold an event once a year (November) and involve people
- complete a research project to track some people and see if their lives have changed

The following pages are a list of all of these key targets.



<p>Key Theme</p>	<p>We will know we have made a difference if:</p>
<div data-bbox="197 286 400 452" data-label="Image"> </div> <p data-bbox="178 495 421 633" style="text-align: center;"> 1 Partnership Working </p>	<ul style="list-style-type: none"> ✓ We are making best use of money that we have ✓ People are telling their story once and are not repeating themselves ✓ People are living more independently and are included in every aspect of life as a citizen of Coventry

<p>Key Theme</p>	<p>We will know we have made a difference if:</p>										
<div data-bbox="197 943 400 1108" data-label="Image"> </div> <p data-bbox="165 1151 432 1435" style="text-align: center;"> 2 More choice and control for people with learning disabilities </p>	<ul style="list-style-type: none"> ✓ More people are having choices and control through self directed support such as individual budgets and direct payments <p data-bbox="469 1115 596 1155">Target</p> <ul style="list-style-type: none"> • More people will be having direct payment or individual budget each year <table border="1" data-bbox="630 1285 912 1516"> <thead> <tr> <th>year</th> <th>DP/IB</th> </tr> </thead> <tbody> <tr> <td>2006/7</td> <td>45</td> </tr> <tr> <td>2007/8</td> <td>55</td> </tr> <tr> <td>2008/9</td> <td>65</td> </tr> <tr> <td>2009/10</td> <td>75</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ✓ The choices people have made have been put into place (within what is affordable) ✓ There is better accessible information available <p data-bbox="469 1789 596 1830">Target</p> <ul style="list-style-type: none"> • There is accessible information on the services available • The accessible Partnership Board web site is kept up to date 	year	DP/IB	2006/7	45	2007/8	55	2008/9	65	2009/10	75
year	DP/IB										
2006/7	45										
2007/8	55										
2008/9	65										
2009/10	75										



Key Theme



3 Supporting Carers

We will know we have made a difference if:

- ✓ Carers know what support they are entitled to and are given the opportunities to meet their needs in the best way for them

Target

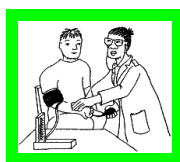
- More carers are offered a carers assessment and are supported through a flexible carers short break

We will record:	2007/08	2008/09	2009/10
Carer assessment completed:	80	80	80
Carers supported by short breaks:	80	80	80

- ✓ Increase number carers identified and supported, in particular older carers



Key theme



4 Improving Health

We will know we have made a difference if:

- ✓ People are receiving information about how to keep healthy, and get the support they need to access health services
- ✓ Everyone is offered a health check, and those who want one get one

Target

- More people with learning disabilities are offered a health check each year

Each year we will record:	Target: 2007/08	2008/09	2009/10
Number of plans offered	400		

- ✓ People have better access to mainstream primary care health services

Target


Number of people supported to access mainstream:	2007/08	2008/09	2009/10
Breast screening			
Cervical screening			



Key Theme	We will know we have made a difference if:
<div data-bbox="225 241 379 398" data-label="Image"> </div> <p data-bbox="161 439 443 629" style="text-align: center;"> 5 Disabled Children and young People </p>	<ul style="list-style-type: none"> ✓ Everyone has had a plan and that their plan began when they were 14 years old <p>Target</p> <ul style="list-style-type: none"> • Check that young people who are 18 have got a plan ✓ More young people have self-directed care and have a direct payment or an individual budget <p>Target</p> <ul style="list-style-type: none"> • All young people are offered a direct payment or individual budget

Key Theme	We will know we have made a difference if:										
<div data-bbox="204 1010 403 1171" data-label="Image"> </div> <div data-bbox="204 1189 403 1375" data-label="Image"> </div> <p data-bbox="172 1424 435 1664" style="text-align: center;"> 6 Housing, Fulfilling Lives and Employment </p>	<ul style="list-style-type: none"> ✓ More people are living in supported (or their own) accommodation <p>Target</p> <ul style="list-style-type: none"> • Each year more people will be living in supported living accommodation ✓ More people are taking part in activities that they want to do in the community ✓ More people are in employment or paid work <p>Target</p> <ul style="list-style-type: none"> • Increasing number of people each year in paid employment <table border="1" data-bbox="611 1760 1061 1991" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>year</th> <th>Total Number</th> </tr> </thead> <tbody> <tr> <td>2006/7</td> <td>15</td> </tr> <tr> <td>2007/8</td> <td>30</td> </tr> <tr> <td>2008/9</td> <td>45</td> </tr> <tr> <td>2009/10</td> <td>60</td> </tr> </tbody> </table>	year	Total Number	2006/7	15	2007/8	30	2008/9	45	2009/10	60
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Key Theme	We will know we have made a difference if:
 <p data-bbox="212 555 389 696">7 Quality Services</p>	<ul style="list-style-type: none"> <li data-bbox="472 315 1394 465">✓ We have set up a Quality Network involving people with learning disabilities and family carers to check out that the standards are being met <li data-bbox="472 521 1394 672">✓ Everyone is working better together and we have more integrated learning disabilities services between health and social care <li data-bbox="472 728 1394 878">✓ All staff working in learning disabilities services are receiving the training they need to do their jobs



Coventry Learning Disabilities Partnership Board Strategy Targets 2007 - 2010

Our Vision

All people with learning disabilities having more independence and more opportunities to live a fuller life

More people with learning disabilities are offered a health check each year
 People have better access to mainstream primary care health services

Carers know what support they are entitled to and are given the opportunities to meet their needs in the best way for them
 More Carers are offered a carers assessment and are supported through a flexible carers short break
 Increase number of carers identified and supported, in particular older carers

More people are having choices and control through self directed support such as individual budgets and direct payments
 The choices people have made have been put into place (within what is affordable)
 There is better accessible information available
 There is accessible information and the services available
 The accessible Partnership Board web site is kept up to date

We are making best use of money that we have
 People are telling their story once and are not repeating themselves
 People are living more independently and are included in every aspect of life as a citizen of Coventry

Everyone has had a plan and that their plan began when they were 14 years old
 Check that young people who are 18 have got a plan
 More young people have self-directed care and have a direct payment or an individual budget
 All young people are offered a direct payment or individual budget





Each year more people will be living in supported living accommodation
 More people are taking part in activities that they want to do in the community
 More people are in employment or paid work
 Increasing number of people each year in paid employment

We have set up a Quality Network involving people with learning disabilities and family carers to check out that the standards are being met
 Everyone is working better together and we have more integrated learning disabilities services between health and social care
 All staff working in learning disabilities services are receiving the training they need to do their jobs



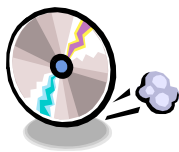


If you would like more information about this strategy or the work of the Partnership Board you can get in touch with:

	 address	 telephone
name		
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 Janita Wesson Valuing People Co-ordinator	Faseman House Faseman Avenue Tile Hill North Coventry CV4 9RB	024 7678 5481



Partnership Board Website
www.ldpb.info



This plan will also be available on CD and you can telephone Janita to get a copy

