



# Coventry Learning Disabilities Partnership Board



## Health Sub Group Easy read plan for better health care for people with learning disabilities

|  |   |  |
|--|---|--|
|  | <p>Date plan was written:</p>               | <p>January 2004</p>  |
|  | <p>Plan agreed by Partnership Board on:</p> | <p>JUNE 2004</p>   |
|  | <p>For more information contact:</p>        | <p>Raj Auchoybur<br/>76 246390<br/>Tracy Shervington<br/>76 604608</p> |

## ***Introduction***

Valuing people says that:

- Health facilitators should be ready by 2003. They will help us to have a better health service.
- We will have a book about our health and treatment called a personal health record.
- We should have a plan of how health and how it can be made better. This should be ready by 2005.
- We should have information about health services that is easy to understand.
- We should have the chance to have good health like everyone else.
- We should be treated better when we go into hospital.
- A better service for people with high support needs
- Health services should understand the needs and help people from Black and Ethnic minority communities.

## HEALTH FACILITATION



### OBJECTIVE 1: HEALTH FACILITATION TO COMMENCE IN SPRING 2003

#### HOW WILL THIS BE DONE?

- Appoint Health Facilitators to assist and support people with learning disabilities use health services.

#### OUTCOME

Health Facilitation to commence on 5<sup>th</sup> Jan 2004

Monies from Strategic Health Authority to appoint 3 staff

Team to be based in GP practice or clinic.



## HEALTH FACILITATION



### OBJECTIVE 2:

### IDENTIFY PEOPLE WITH LEARNING DISABILITIES REGISTERED WITH GENERAL PRACTITIONERS

#### HOW WILL THIS BE DONE?

By Spring 2003:

- Check with General Practitioners what being done to identify people with learning disabilities
- Use standard code across the City
- Agree use of E3 READ Code

#### OUTCOME

Introduced use / E3 READ Code across all surgeries :

| Name         | Age | DOB | Code     |
|--------------|-----|-----|----------|
| Raj<br>Tracy |     |     | E3<br>E3 |

## REGISTRATION WITH GENERAL PRACTITIONERS



### OBJECTIVE :

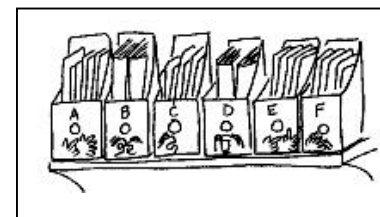
**ALL PEOPLE WITH LEARNING DISABILITIES TO BE REGISTERED WITH GENERAL PRACTITIONERS BY JUNE 2004.**

### HOW WILL THIS BE DONE?

- Identify people with learning disabilities who are registered with their doctors

### OUTCOME

This work has been started.



## HEALTH ACTION PLANS



### OBJECTIVE 1:

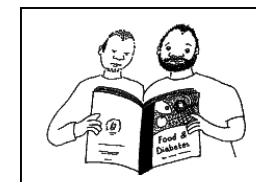
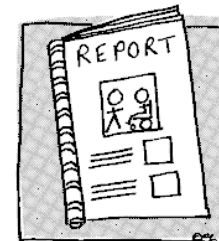
**ALL PEOPLE WITH LEARNING DISABILITIES TO HAVE A HEALTH ACTION PLAN (HAP) BY 2005.**

### HOW WILL THIS BE DONE?

- All people with learning disabilities to have a plan for health.

### OUTCOME

Plans to deal with health are included with Personal Health Records



**HEALTH FACILITATION**



**OBJECTIVE 3:**

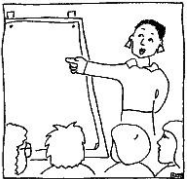
**RAISE AWARENESS ABOUT HEALTH FACILITATION AND HEALTH ACTION PLAN AND HAND HELD PESONAL HEALTH RECORDS**

**HOW WILL THIS BE DONE?**

Run workshops for carers of people with learning disabilities in the City from January 2004

**OUTCOME**

Training sessions delivered.



## PERSONAL HEALTH RECORDS



### OBJECTIVE:

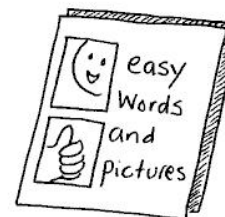
ALL PEOPLE WITH A LEARNING DISABILITY TO HAVE A PERSONAL HAND-HELD RECORD IF THEY WANT ONE.

### HOW WILL THIS BE DONE?

- Produce records for health and health information.

### OUTCOME

These already produced.



## HEALTH SCREENING



**CANCER SERVICES: PEOPLE WITH LEARNING DISABILITIES ARE:**

**OBJECTIVE 1: INCLUDED IN BREAST SCREENING PROGRAMME**

**OBJECTIVE 2: INCLUDED IN THE CERVICAL SCREENING PROGRAMME**

**HOW WILL THIS BE DONE?**

- Identify women who are eligible for breast screening
- Screening offered aged between 50 - 70
- Women between the ages of 25 - 64 are offered cervical screening

**OUTCOME**



## HEALTH PROMOTION



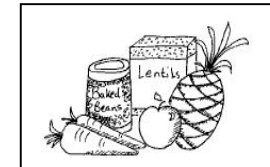
**OBJECTIVE : PEOPLE WITH LEARNING DISABILITIES ARE INCLUDED IN LOCAL HEALTH PROMOTION PROGRAMMES AND ARE ASSISTED IN MAINTAINING GOOD HEALTH**

HOW WILL THIS BE DONE?

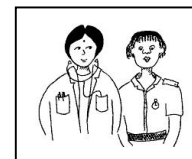
OUTCOME

Health promotion groups will be set up for people with learning disabilities around the City

These are being set up



## TRANSITION



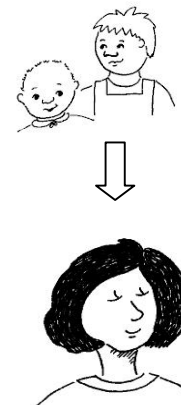
**OBJECTIVE : HEALTH NEEDS OF YOUNG ADULTS CONTINUE TO BE MET AFTER TRANSITION TO ADULTHOOD.**

**HOW WILL THIS BE DONE?**

- Young persons will have Health Action Plan on transition
- All people will work together with a child / young person
- All young persons can have a personal health record

**OUTCOME**

This has been started and Social Services



## HEALTH INFORMATION



### OBJECTIVE :

INFORMATION IS AVAILABLE IN A FORMAT UNDERSTOOD BY ALL PEOPLE WITH LEARNING DISABILITIES ABOUT:

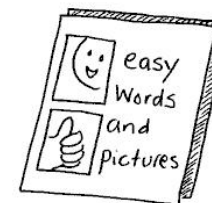
HEALTH SERVICES, HOW TO ACCESS SERVICES, PROCEDURES, TREATMENT, MEDICATION.

### HOW WILL THIS BE DONE?

- Leaflets are being produced by 'H' Team and available in the City.

### OUTCOME

12 leaflets already produced.



## EDUCATION HEALTH RELATED



### OBJECTIVE :

**CARERS HAVE ACCESS TO EDUCATION TRAINING AND SKILL ENHANCING OPPORTUNITIES TO ENABLE THEM TO CARE FOR PEOPLE WITH COMPLEX HEALTH NEEDS.**

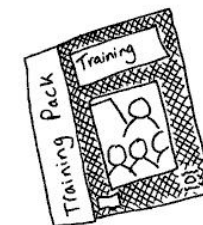
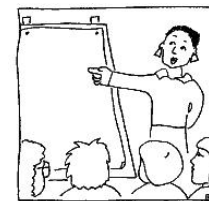
**EDUCATION FOR: PRIMARY HEALTH CARE TEAM, SECONDARY CARE PROFESSIONALS, UNDER/POST GRADUATE MEDICAL PERSONNEL.**

### HOW WILL THIS BE DONE?

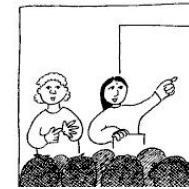
Carers and Health Care Professionals are being made aware of how to support people with learning disabilities when they use health services.

### OUTCOME

Training sessions taking place.



## HEALTH THEME DAYS FOR CARERS



### OBJECTIVE :

**CARERS HAVE ACCESS TO EDUCATION TRAINING AND SKILL ENHANCING OPPORTUNITIES TO ENABLE THEM TO CARE FOR PEOPLE WITH COMPLEX HEALTH NEEDS.**

**EDUCATION FOR: PRIMARY HEALTH CARE TEAM, SECONDARY CARE PROFESSIONALS, UNDER/POST GRADUATE MEDICAL PERSONNEL.**

### HOW WILL THIS BE DONE?

Organise 2 health events / conferences per year.

#### Topics:

- Autism
- Epilepsy
- Physical Health
- Mental Health
- Dementia

### OUTCOME

3 conferences taken place so far.



## ACCESS TO SECONDARY SERVICES



### OBJECTIVE :

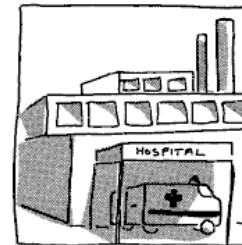
**SECONDARY HEALTH SERVICES ARE ACCESSIBLE BY PEOPLE WITH LEARNING DISABILITIES.**

**APPROPRIATE HEALTH CARE AND SERVICES ARE OFFERED TO PEOPLE WITH LEARNING DISABILITIES.**

### HOW WILL THIS BE DONE?

- Identify links with Walsgrave
- Work with Modern Matrons
- Make things easier for people when they have to go to hospital

### OUTCOME



## Areas where there are real improvements :

- People are getting health checks
- Personal Health Records
- More Carers are aware of what's happening
- People with learning disabilities are aware of what's happening
- People with learning disabilities are involved in different areas of health activities
- Identifier Codes E3 are being used
- Referrals are being made to right department
- Health information is being produced
- Relationship with Walsgrave improving
- 'H' Team involved in the Health Promotion
- Focus Group being set up at WFL
- Older Carers in the City are looked at closely
- The Group meets regularly
- Adult protection issues are being highlighted

## **Areas where more work is needed :**

- Identifying people with learning disabilities
- Developing link with Minority Ethnic Sub-group
- Autism
- Dementia
- Out of City placements
- Better use of medication
- Production of leaflets
- Health Promotion
- Stop smoking
- Keeping accurate and single information system